

Ash Wednesday, 2019

Dear Dr. Richmond,

I am writing to express my gratitude for all that you have given of your time and talent to the Contemplatives of Saint Joseph and so many other priests, members of religious orders and the lay faithful throughout the Archdiocese of San Francisco. Your clear and prayerful understanding of the Catholic mystical and contemplative traditions, mixed of course with your vast psychological background and the wisdom attained from it, is a beautiful combination of insights and personal experience that being shared with so many people is a rare gift to our local Church.

I am also personally indebted to you for the time you have always offered to me when I have called and asked for further understanding of psychological perspectives into the interior life of the human person. Our discussions always bring in God and the contemplative experience which I personally find enriching, fascinating and worth every minute of time spent talking.

Likewise, your keen insights into our Contemplatives of Saint Joseph Healing and Deliverance Ministry have helped me and our teams to serve those who come to see us with more clarity in regards to the healing of the whole of the human person: body, mind and soul. Hence, your valuable assistance has helped me and our teams be more successful in our arduous battles against evil spirits. It has also helped us to give solid and fruitful spiritual and psychological direction with those whom we lovingly serve in this ministry. Consequently we have experienced healing and deliverance in hundreds upon hundreds of people!

Dr. Richmond, as I have come to know you and have heard you talk about your prayer life, your love for the Catholic Church and your great personal care you have for all of those who come to you for help, I cannot but think of the prayer Pope Pius XII wrote in regards to our call to consecrate ourselves into a loving and grace filled communion with the Sacred Heart of Jesus, the Holy Spirit and of course the Father. I think in many ways this prayer sums up who you are becoming and what you prayer for within your own spiritual life:

"Most Sacred Heart of Jesus, I consecrate myself to Your Most Sacred Heart. Take possession of my whole being; transform me into Yourself. Make my hands, Your hands; my feet, Your feet; my heart, Your heart. Let me see with Your eyes, listen with Your ears, speak with Your lips, love with Your heart, understand with Your mind, serve with Your will, and be dedicated with my whole being. Make me Your other self. Most Sacred Heart of Jesus, send me Your Holy Spirit to teach me to love You and to live through You, with You, in You, and for You. Come, Holy Spirit, make my body Your temple. Come, and

abide with me forever. Give me the deepest love for the Sacred Heart of Jesus in order to serve Him with my whole heart, soul, mind, and strength. Take possession of all my faculties of body and soul. Regulate all my passions, feelings, and emotions. Take possession of my intellect, understanding and will, my memory and imagination. O Holy Spirit of Love, give me and abundance or Your efficacious graces. Give me the fullness of all the virtues; enrich my faith, strengthen my hope, increase my trust, and inflame my love. Give me the fullness of Your sevenfold gifts, fruits, and beatitudes. Most Holy Trinity, make my soul Your sanctuary."

May God reward you for your ministry in the local Church and may He continue to work His magnificent grace in your life!

Fr. Vito Perrone, COSJ