

Your eternal Father on the Cross and which You continue to renew daily on our altars, I offer my vow of a pure heart in union with the acts of atonement of Your Virgin Mother and of the Saints and of the pious faithful on earth; and I sincerely vow to make reparation, as far as I can with the help of Your grace, for the increasing neglect of Your great love and for the sins I and others have committed in the past.

**H**ENCEFORTH I will endeavor to live a life of unwavering faith and of conscientious observance of the precepts of the Church and of Holy Scripture. And I promise, through my own personal example of a holy lifestyle of chastity, modesty, humility, detachment from social corruption, and constant prayerfulness, to inspire others to follow You.

**O** LORD Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering I make of this act of expiation; and through the grace of perseverance may I remain faithful unto death in my love for You and in the allegiance I owe to You, so that I may one day come to that blessed home where You with the Father and the Holy Spirit live and reign, one God, for ever and ever. Amen.

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## ACT OF REPARATION *to the*



## SACRED HEART OF JESUS

*Original version prescribed by Pope Pius XI*

*Adapted by*

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***Instructions:***

Print double sided

Fold in half lengthwise and then trim to size according to the dashed lines

**O** LORD Jesus, whose wondrous charity for mankind is disparaged by ingratitude, negligence, and contempt, behold my desire to help make reparation for the cruel injuries to which Your Sacred Heart is everywhere subject today.

**M**INDFUL that I myself have had a share in such great indignities, which I now deplore from the depths of my heart, I ask Your pardon, and I declare my readiness to atone by voluntary expiation not only for my own personal offenses but also for the sins of those who, straying far from the path of salvation, refuse in their obstinate infidelity to follow You, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast from their hearts and lips Your loving commandments.

**I** AM resolved to expiate the deplorable outrages committed against You throughout the world—committed even by Catholics themselves. I deplore affronts to Christian morality that wound You by immodesty of dress and behavior; by ubiquitous profanity; by shameful pornography; by rampant fornication; by lust, adultery, and divorce in defilement of the Sacrament of Holy Matrimony; by the heartless malice of abortion; by the rebellious endorsing of aberrant sexual practices; by the lies and disfigurement wrought by transgender ideology and the resulting psychological disorders inflicted on children; and by the diabolical effects of drugs,

especially marijuana. I deplore affronts to Christian love that wound You by merciless cruelty and by the virulent fraud, lies, anger, and hate which stain so many hearts. I deplore affronts to Catholic teaching and authority that wound You by heresies; by worship of false and empty gods; by atheistic ideologies; and by the dark rites of secret societies, occult arts, and witchcraft. I wish to make amends for these shocking blasphemies against You in a culture of ever deepening apostasy and evil.

**I** WISH also to make amends for the profanation of Your Real Presence in the Eucharist, whether it be by neglect and irreverence or by terrible acts of sacrilege; for the frequent violation of holy days and Sundays; for casualness of dress and conduct within Your churches; for the betrayal of Your love by many of Your bishops and priests in their seditious attempts to destroy traditional values, in their sins of sexual perversions, and in their crimes of callously covering up their sins. I deplore the smoke of Satan that has infiltrated the Church which You have so lovingly acquired at the price of Your Blood.

**W**OULD, O divine Jesus, that such abominations were purged from this world! But I can purge them from my own heart. So I now offer my heart in reparation for these violations of Your divine honor. Revering the sacrifice You did once make to